“WHAT GETS MEASURED GETS DONE”
MENSTRUAL HYGIENE MANAGEMENT

Direct and indirect MHM Indicators within the Sustainable Development Goals (SDGs)
WASH in Schools (WinS) Monitoring Framework

EMERGING JMP SERVICE LADDERS FOR MONITORING WASH IN SCHOOLS IN THE SDGs
(WHO & UNICEF, 2016)

**DRINKING WATER**
- **ADVANCED SERVICE**
  - Additional criteria may include quality, quantity, continuity, and accessibility to all users (to be defined at national level)
- **BASIC SERVICE**
  - Drinking water from an improved source and water is available at the school at the time of the survey
- **LIMITED SERVICE**
  - Drinking water from an improved source but water is unavailable at the school at the time of the survey
- **NO SERVICE**
  - Drinking water from an unimproved source or no water source at the school

**SANITATION**
- **ADVANCED SERVICE**
  - Additional criteria may include student per toilet ratios, menstrual hygiene facilities, cleanliness, accessibility to all users, and excreta management systems (to be defined at national level)
- **BASIC SERVICES**
  - Improved sanitation facilities at the school that are single-sex and usable (accessible, functional and private) at the time of the survey
- **LIMITED SERVICE**
  - Improved sanitation facilities at the school that are either not single-sex or not usable at the time of the survey
- **NO SERVICE**
  - Unimproved sanitation facilities or no sanitation facilities at the school

**HYGIENE**
- **ADVANCED SERVICE**
  - Additional criteria may include hygiene education, group handwashing, menstrual hygiene materials, and accessibility to all users (to be defined at national level)
- **BASIC SERVICE**
  - Handwashing facilities with water and soap available at the school at the time of the survey
- **LIMITED SERVICE**
  - Handwashing facilities with water but no soap available at the school at the time of the survey
- **NO SERVICE**
  - No handwashing facilities available or no water available at the school

**ADVANCED SERVICE**
- Access to information
- Cleanliness of toilets
- Water & soap in cubicles
- Covered bins
- Disposal mechanisms
- Functional lighting
- Emergency MHM material
- Additional criteria may include student per toilet ratios, menstrual hygiene facilities, cleanliness, accessibility to all users, and excreta management systems (to be defined at national level)

**BASIC SERVICE**
- Sanitation facilities
- Gender-segregated
- Usable:
  - Accessible
  - Functional
  - Private
- Handwashing facilities with water & soap

TARGET 4.a: By 2030, achieve access adequate and equitable sanitation and hygiene for all and end open defecation, paying special attention to the needs of women and girls and those in vulnerable situations.

FOR SCHOOLS
- Three Star School // Requirements: Meeting national standards
- Two Star School // Requirements: Incremental improvements
- One Star School // Requirements: Daily routines to promote healthy habits
- No star school // Requirements: Services below minimum or no services

REALITY IN SCHOOLS

PROMISING EXAMPLES are the national WinS programmes in India and the Philippines, where more than half of schools nationwide participated in voluntary monitoring and benchmarking.

// Schools provide the ideal environment to reach all girls and boys and address taboos and misconceptions about menstruation in a culturally sensitive manner.

// Ministries of Education have the power and the responsibility to transform schools into places with MHM-friendly sanitation facilities and easy access to information about menarche and menstruation.

TARGET 6.2: By 2030, achieve access adequate and equitable sanitation and hygiene for all and end open defecation, paying special attention to the needs of women and girls and those in vulnerable situations.

FOR SCHOOLS
- Three Star School // Requirements: Meeting national standards
- Two Star School // Requirements: Incremental improvements
- One Star School // Requirements: Daily routines to promote healthy habits
- No star school // Requirements: Services below minimum or no services

REALITY IN SCHOOLS

PROMISING EXAMPLES are the national WinS programmes in India and the Philippines, where more than half of schools nationwide participated in voluntary monitoring and benchmarking.

// Schools provide the ideal environment to reach all girls and boys and address taboos and misconceptions about menstruation in a culturally sensitive manner.

// Ministries of Education have the power and the responsibility to transform schools into places with MHM-friendly sanitation facilities and easy access to information about menarche and menstruation.

TARGET 6.2: By 2030, achieve access adequate and equitable sanitation and hygiene for all and end open defecation, paying special attention to the needs of women and girls and those in vulnerable situations.